

Fresh Fruit Salad

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Fresh fruit salad is an instant favorite whether served for brunch or as a snack. Delicious seasonal fruit is tossed with lemon juice to keep it crisp and zesty, and marinated in apple juice. The result is an easy and healthy dish bursting with flavor.

Ingredients:

2-3 apricots
1 medium red apple
1 medium green apple
1 orange
2 oz fresh cherries, stoned
2 oz seedless grapes
3/4 c. apple juice
lemon juice to taste

Directions:

1. Core apples. Dice into bite sized pieces and toss with lemon juice in large bowl.
2. Chop apricots and add to apples.
3. Peel orange and cut into segments.
4. Add grapes, cherries and oranges to apples and apricots.
5. Pour apple juice over fruit and toss to coat.
6. Chill for 1-2 hours and serve cold.

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